

# World's Easiest Roasted Tilapia

Yield: 1 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/east-talapia-recipe>

## Ingredients:

- 1 piece tilapia one per person
- 1 teaspoon olive oil about 1 tsp. per piece of fish
- 1/2 teaspoon dry rub fish rub of your choice, like Szeged Fish Rub or Kirkland Herbed Seafood Rub, about 1/2 tsp. per piece of fish