

# Green Slime Smoothie

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/halloween-slime-recipe-with-borax>

## Ingredients:

- 2 cups spinach
- 2 cups frozen strawberries
- 1 banana
- 2 tablespoons honey
- 1/2 cup ice

## Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 23 grams
3. Fiber: 3 grams
4. Protein: 1 grams
5. Sodium: 15 milligrams
6. Sugar: 16 grams

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