

Christmas Inspired Red Cabbage Side Salad

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/east-side-salad-recipe>

Ingredients:

- 1 red cabbage
- 1 small red onion
- 1 carrot
- 1 Orange
- 1 tablespoon extra virgin olive oil
- 2 handfuls dried berries cranberries, blackcurrants, redcurrants or raisins
- 1 teaspoon lemon pepper or coarse
- rock salt good pinch of natural
- 1/2 teaspoon cinnamon
- almond flakes optionally:, or walnuts

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 27 grams
3. Fat: 5 grams
4. Fiber: 8 grams
5. Protein: 4 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 260 milligrams
8. Sugar: 10 grams

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