

# Roasted Potatoes with East Indian Spices

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/mint-lime-juice-recipe-indian>

## Ingredients:

- 2 tablespoons olive oil
- 2 pounds small red potatoes halved
- 1 teaspoon mustard seeds
- 1/2 teaspoon red chili flakes
- 2 teaspoons fresh ginger minced
- 5 garlic cloves minced
- 1/2 jalapeno seeded and minced
- 1 teaspoon salt
- 1 teaspoon ground turmeric
- 1/2 teaspoon Garam Masala
- 1/2 cup fresh cilantro chopped
- 1/2 cup mint chopped
- 1 tablespoon fresh lime juice
- 6 lime wedges

## Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 57 grams
3. Fat: 7 grams
4. Fiber: 10 grams
5. Protein: 7 grams
6. SaturatedFat: 1 grams
7. Sodium: 610 milligrams
8. Sugar: 6 grams

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