

Asparagus Cashew Rice Pilaf

Yield: 8 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/east-side-mario-s-spaghetti-and-meatballs-recipe>

Ingredients:

- 1/4 cup butter
- 2 ounces spaghetti uncooked, broken
- 1/4 cup minced onion
- 1/2 teaspoon minced garlic
- 1 1/4 cups jasmine rice uncooked
- 2 1/4 cups vegetable broth
- pepper
- salt
- 1/2 pound fresh asparagus trimmed and cut into 2 inch pieces
- 1/2 cup cashew halves

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 15 milligrams
4. Fat: 12 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 5 grams
8. Sodium: 410 milligrams
9. Sugar: 3 grams

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