

Garlic Roasted Brussels Sprouts

Yield: 3 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/east-side-mario-s-garlic-bread-recipe>

Ingredients:

- 1 bag Brussels sprouts 1 lb. per bag
- 2 tablespoons extra-virgin olive oil
- 1/2 teaspoon salt
- 1/8 teaspoon black pepper
- 3 cloves garlic large

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 1 grams
3. Fat: 9 grams
4. SaturatedFat: 1.5 grams
5. Sodium: 390 milligrams

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