

English Muffin Bread

Yield: 24 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/english-muffin-recipe-with-greek-yogurt>

Ingredients:

- 6 cups flour
- 2 packages dry yeast ¼ ounces per package
- 1 tablespoon granulated sugar
- 2 teaspoons kosher salt
- 1/4 teaspoon baking soda
- 2 cups whole milk
- 1/2 cup warm water
- 1/2 cup cornmeal

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 5 milligrams
4. Fat: 1 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. Sodium: 220 milligrams
8. Sugar: 2 grams

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