

# East Coast Donair

Yield: 4 min  
Total Time: 205 min

Recipe from: <https://www.recipeschoose.com/recipes/east-coast-donair-meat-recipe>

## Ingredients:

- 2 teaspoons garlic salt
- 2 teaspoons garlic powder
- 2 teaspoons onion salt
- 2 teaspoons onion powder
- salts
- 1 1/2 teaspoons garlic powder
- 2 teaspoons oregano
- 2 teaspoons paprika
- 2 teaspoons crushed red pepper 2 tsp. makes it spicy
- 2 teaspoons white pepper
- 1 1/2 teaspoons chicken bouillon
- 3 pounds lean ground beef
- sauce Donair
- 1 can evaporated milk
- 1 1/2 cups sugar
- 1 teaspoon garlic powder
- 1/4 cup vinegar
- tomato Chopped
- lettuce Chopped
- diced onion
- pitas
- wheat

## Nutrition:

1. Calories: 1000 calories
2. Carbohydrate: 108 grams
3. Cholesterol: 240 milligrams
4. Fat: 26 grams
5. Fiber: 5 grams

6. Protein: 82 grams
  7. SaturatedFat: 12 grams
  8. Sodium: 860 milligrams
  9. Sugar: 80 grams
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