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## Slow Cooker Creamy Ranch Chicken

Yield: 5 min Total Time: 485 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/southern-living-ranch-water-recipe">https://www.recipeschoose.com/recipes/southern-living-ranch-water-recipe</a>

## **Ingredients:**

- 2 pounds boneless, skinless, chicken thighs or breast
- 10 3/4 ounces cream of chicken soup low sodium preferred
- 1 envelope ranch dressing /seasoning mix -OR- 1/4 cup homemade ranch seaoning
- 1/2 cup water
- 1/4 cup red bell pepper finely diced sweet
- 4 ounces cream cheese cut in small cubes
- 3 tablespoons grated Parmesan cheese

## **Nutrition:**

Calories: 360 calories
Carbohydrate: 6 grams
Cholesterol: 150 milligrams

4. Fat: 18 grams5. Protein: 42 grams6. SaturatedFat: 8 grams7. Sodium: 740 milligrams

8. Sugar: 2 grams

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