

# Cheddar Ale Soup

Yield: 6 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-pale-ale-recipe>

## Ingredients:

- 2 tablespoons unsalted butter
- 1 onion large, diced
- 2 carrots peeled and diced
- 2 celery stalks diced
- 3 garlic cloves minced
- 1/3 cup all purpose flour
- 1 cup Pale Ale
- 1 tablespoon worcestershire sauce
- 2 cups milk I used whole
- 2 cups low sodium chicken broth
- 1 1/4 pounds sharp cheddar cheese shredded
- salt
- pepper
- croutons optional
- bacon bits optional

## Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 115 milligrams
4. Fat: 39 grams
5. Fiber: 2 grams
6. Protein: 32 grams
7. SaturatedFat: 23 grams
8. Sodium: 940 milligrams
9. Sugar: 8 grams

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