

African Stewed Spinach

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/east-african-recipe-books>

Ingredients:

- 1/2 pound shrimp peeled and deveined
- 1/2 pound smoked turkey chopped
- 1 onion medium, sliced
- 2 teaspoons minced garlic
- 2 teaspoons thyme optional
- 5 fresh tomatoes chopped
- 1/2 teaspoon cayenne pepper whole scotch bonnet pepper works too!
- 1 teaspoon paprika
- 3 pounds spinach frozen thawed and drained
- 1/2 cup canola oil
- salt
- pepper
- 1 teaspoon bouillon powder or Maggie cube optional