

Kale and Good Mother Stallard Bean Stew

Yield: 4 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-lobio-recipe>

Ingredients:

- 1 cup beans dried Good Mother Stallard, picked over, rinsed, soaked and drained
- 1/2 yellow onion small
- 1 carrot cut in half crosswise
- 1 celery stalk cut in half crosswise
- kosher salt to taste
- 1/4 cup olive oil
- 4 shallots large, diced
- 2 carrots diced
- 2 celery stalks diced
- 2 garlic cloves diced
- freshly ground pepper to taste
- 1 cup dry white wine
- 3 cups chicken stock
- 3 thyme sprigs fresh
- 1 bay leaf
- 1 bunch kale center ribs and stems removed, leaves blanched and roughly chopped
- 1 tablespoon sherry vinegar
- chives
- 2 tablespoons fresh herbs
- parsley