

Oven Baked Chicken Wings

Yield: 30 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-chicken-wings-recipe-soy-sauce>

Ingredients:

- 3 pounds chicken wings
- salt
- pepper
- 2 tablespoons vegetable oil
- 1/2 cup soy sauce
- 2 tablespoons bbq sauce
- 1 cup honey
- 4 cloves garlic minced
- green onions for garnish, optional

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 35 milligrams
4. Fat: 8 grams
5. Protein: 8 grams
6. SaturatedFat: 2 grams
7. Sodium: 310 milligrams
8. Sugar: 10 grams

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