

Indian Yellow Split Peas Dal

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/dry-yellow-peas-indian-recipe>

Ingredients:

- coconut oil 1 tbsp, or any kind of oil
- tomatoes
- yellow peas 300 g, soaked overnight
- cumin 1 tsp
- bay leaf
- cayenne pepper 1/4 tsp
- turmeric 1 tsp
- coriander seeds 1/2 tsp
- mustard seeds 1/2 tsp
- ginger 1 cm
- onion
- 3 cloves
- salt to taste
- rice cooked, to serve
- green asparagus steamed, to serve