

Simply Great Chicken

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-homemade-dry-italian-dressing-mix>

Ingredients:

- 3 1/2 pounds boneless skinless chicken I've used both thighs and breasts
- 1 1/16 ounce italian dressing mix dried, such as Good Seasonings
- 1/2 cup brown sugar packed

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 255 milligrams
4. Fat: 12 grams
5. Protein: 83 grams
6. SaturatedFat: 4 grams
7. Sodium: 470 milligrams
8. Sugar: 18 grams

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