

Baked Chicken Drumsticks

Yield: 6 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-leg-recipe-india>

Ingredients:

- 2 pounds chicken drumsticks
- 2 tablespoons avocado oil
- 1 teaspoon paprika
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- 1 teaspoon chopped parsley
- 1/2 teaspoon salt
- 1/2 teaspoon cracked pepper

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 125 milligrams
4. Fat: 23 grams
5. Protein: 27 grams
6. SaturatedFat: 5 grams
7. Sodium: 320 milligrams

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