

# Your Daily Detox Drink

Yield: 4 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/drop-your-favorite-valentines-recipe>

## Ingredients:

- 3 ounces cranberry juice Organic Pure, not from concentrate, I drink this one
- 10 ounces filtered water I love using Topo Chico for a sparkling version
- 2 drops lime essential oil

## Nutrition:

1. Calories: 10 calories
2. Carbohydrate: 3 grams
3. Sugar: 3 grams

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