

Dr. Oz Fat Flush Water

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/dr-oz-turkish-coffee-recipe>

Ingredients:

- 58 ounces water Filtered
- 1 grapefruit
- 1 tangerine
- 1 cucumber
- 20 leaves peppermint

Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 11 grams
3. Fiber: 2 grams
4. Protein: 2 grams
5. Sodium: 20 milligrams
6. Sugar: 8 grams

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