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Whole Wheat- Chocolate Chip Pumpkin Bread

Yield: 10 min Total Time: 75 min

Recipe from: https://www.recipeschoose.com/recipes/down-east-maine-pumpkin-bread-recipe

Ingredients:

- 2 cups whole wheat flour or white whole wheat
- 1 teaspoon baking soda
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground cloves
- 1/4 teaspoon ground nutmeg
- 1/2 cup unsalted butter softened
- 1 cup dark brown sugar or packed light
- 1/4 cup granulated white sugar
- 3 large eggs
- 1 teaspoon vanilla extract
- 1 cup pumpkin canned pure, unsweetened
- 1 cup chocolate chips

Nutrition:

Calories: 380 calories
Carbohydrate: 57 grams
Cholesterol: 90 milligrams

4. Fat: 16 grams5. Fiber: 4 grams6. Protein: 6 grams

7. SaturatedFat: 9 grams8. Sodium: 300 milligrams

9. Sugar: 36 grams

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