

Dosa | How to prepare Dosa batter

Yield: 4 min

Total Time: 815 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-dosa-recipe-india>

Ingredients:

- 3 cups rice idli
- 1 cup urad dal
- 3/4 cup poha
- 1 1/2 teaspoons fenugreek seeds
- water as needed
- 2 teaspoons salt adjust as per taste

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 45 grams
3. Fiber: 2 grams
4. Protein: 4 grams
5. Sodium: 1250 milligrams
6. Sugar: 2 grams

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