

Doughnut Pudding

Yield: 6 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-donut-recipe>

Ingredients:

- butter for the pan
- 6 cups doughnuts day-old raised, cut into 1-inch pieces, from 4 or so glazed doughnuts or apple fritters
- 4 large eggs
- 2 tablespoons dark rum or 1/2 teaspoon rum extract, optional
- 1/2 teaspoon ground cinnamon
- 1/4 cup granulated sugar
- 1 teaspoon vanilla extract
- 1 cup whole milk
- 3/4 cup heavy whipping cream
- 1 cup confectioners' sugar
- 1 teaspoon vanilla extract
- 1 1/2 tablespoons hot water

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 195 milligrams
4. Fat: 20 grams
5. Protein: 6 grams
6. SaturatedFat: 11 grams
7. Sodium: 105 milligrams
8. Sugar: 31 grams

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