

Old Fashioned Vanilla Ice Cream

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-ice-cream-recipe>

Ingredients:

- 4 egg yolks
- 1/2 cup granulated sugar
- 1 cup whole milk
- 1 cup heavy cream
- 2 teaspoons vanilla extract or vanilla bean paste

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 315 milligrams
4. Fat: 33 grams
5. Protein: 6 grams
6. SaturatedFat: 19 grams
7. Sodium: 60 milligrams
8. Sugar: 29 grams

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