## RecipesCh@-se

## Holiday Spiked Eggnog

Yield: 4 min Total Time: 5 min

Recipe from: https://www.recipeschoose.com/recipes/holiday-hopper-drink-recipe

## **Ingredients:**

- 3 cups eggnog lactose free
- 1/2 cup liquor amaretto
- 1/4 cup white rum
- 1 dash ground nutmeg or cinnamon on top

## **Nutrition:**

Calories: 270 calories
Carbohydrate: 15 grams
Cholesterol: 110 milligrams

4. Fat: 8 grams5. Protein: 10 grams6. SaturatedFat: 6 grams7. Sodium: 105 milligrams

8. Sugar: 15 grams

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