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## Egg Salad with Pickled Celery and Coarse Dijon

Yield: 4 min Total Time: 75 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/dijon-italian-dressing-recipe">https://www.recipeschoose.com/recipes/dijon-italian-dressing-recipe</a>

## **Ingredients:**

- 1/4 cup white wine vinegar
- 1/4 cup water
- 2 teaspoons kosher salt you can go up to 1 tablespoon if using the lighter weight Diamond brand; here's why
- 1 1/2 teaspoons granulated sugar
- 2 stalks celery trimmed, diced tiny
- 4 large eggs
- 1 teaspoon dijon whole-grain
- 2 teaspoons shallot minced, or red onion, or more to taste
- 2 tablespoons mayonnaise or full-fat plain yogurt
- salt
- freshly ground pepper
- flat-leaf parsley Chopped, or fresh dill, to garnish, optional

## **Nutrition:**

Calories: 120 calories
Carbohydrate: 6 grams

3. Cholesterol: 215 milligrams

4. Fat: 8 grams5. Fiber: 1 grams6. Protein: 7 grams

7. SaturatedFat: 2 grams8. Sodium: 1540 milligrams

9. Sugar: 3 grams

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