

Different Types of Honey

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/different-types-of-rice-recipe-in-india>

Ingredients:

- 7/8 cup butter
- 1 cup sugar we used demerara, but any will do
- 5/8 cup honey
- 2 9/16 cups oats

Nutrition:

1. Calories: 1090 calories
2. Carbohydrate: 157 grams
3. Cholesterol: 110 milligrams
4. Fat: 48 grams
5. Fiber: 11 grams
6. Protein: 18 grams
7. SaturatedFat: 27 grams
8. Sodium: 290 milligrams
9. Sugar: 91 grams

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