

Roasted Kale Sprouts, Apricots & Bacon

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/different-sprouts-indian-breakfast-recipe>

Ingredients:

- 1 pound sprouts kale
- 4 apricots medium, seeds removed and sliced
- 1 tablespoon coconut oil
- salt
- pepper
- 10 pieces bacon cooked until crispy then chopped

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 50 milligrams
4. Fat: 36 grams
5. Fiber: 4 grams
6. Protein: 14 grams
7. SaturatedFat: 13 grams
8. Sodium: 790 milligrams
9. Sugar: 3 grams

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