

Diabetic Peanut Butter Cookies

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/diabetic-recipe-for-christmas>

Ingredients:

- 2 cups all purpose flour
- 2/3 cup oatmeal
- 1 teaspoon salt
- 2 teaspoons baking powder
- 2/3 cup peanut butter
- 1/3 cup sunflower oil
- 2 eggs
- 3 tablespoons skim milk Tbsp
- 5 tablespoons sugar Tbsp

Nutrition:

1. Calories: 1040 calories
2. Carbohydrate: 91 grams
3. Cholesterol: 105 milligrams
4. Fat: 65 grams
5. Fiber: 8 grams
6. Protein: 33 grams
7. SaturatedFat: 12 grams
8. Sodium: 1320 milligrams
9. Sugar: 24 grams

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