

# Pear Tart With Blue Cheese and Honey

Yield: 7 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/dessert-recipes>

## Ingredients:

- 1 sheet frozen puff pastry
- 1/2 pound blanched almonds
- 1/4 cup sugar
- 4 pears unpeeled, stemmed and thinly sliced
- honey for drizzling
- 4 ounces blue cheese
- 1 egg white beaten with a small drizzle of water

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 10 milligrams
4. Fat: 21 grams
5. Fiber: 6 grams
6. Protein: 11 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 240 milligrams
9. Sugar: 21 grams

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