

Salmon Croquettes with Indian Spices

Yield: 8 min
Total Time: 23 min

Recipe from: <https://www.recipeschoose.com/recipes/the-best-southern-salmon-croquette-recipe>

Ingredients:

- 1 celery rib diced
- 1 carrot medium, diced
- 1/2 onion diced
- 12 ounces salmon cooked
- 2 eggs beaten
- 1 teaspoon curry powder
- 1/2 teaspoon turmeric
- 1/4 teaspoon salt
- 1/2 cup breadcrumbs

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 75 milligrams
4. Fat: 3 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 1 grams
8. Sodium: 170 milligrams
9. Sugar: 1 grams

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