

Mug Cake

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/dee-s-dark-chocolate-granola-recipes>

Ingredients:

- 3 tablespoons flour
- 2 teaspoons cocoa powder
- 4 teaspoons sugar
- 1/4 teaspoon baking powder
- 3 tablespoons oil
- 5 tablespoons water
- 2 dark chocolate cubes

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 5 milligrams
4. Fat: 18 grams
5. Fiber: 2 grams
6. Protein: 2 grams
7. SaturatedFat: 5 grams
8. Sodium: 40 milligrams
9. Sugar: 14 grams

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