

Dairy Free Mexican Horchata

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/dairy-free-mexican-recipe>

Ingredients:

- 1 cup raw almonds
- 6 cups water divided use
- 1 cup long-grain white rice uncooked
- 1 stick canela
- 1/3 cup sugar or equivalent sugar free sweetener more or less to taste
- 1 teaspoon vanilla extract
- ground cinnamon for garnish optional

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 66 grams
3. Fat: 18 grams
4. Fiber: 7 grams
5. Protein: 11 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 20 milligrams
8. Sugar: 18 grams

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