

# Vanilla Custard Sauce

Yield: 2 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/custard-sauce-for-christmas-pudding-recipe>

## Ingredients:

- 2 cups whole milk
- 5 egg yolks
- 1/3 cup sugar
- 1 teaspoon vanilla extract

## Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 550 milligrams
4. Fat: 19 grams
5. Protein: 14 grams
6. SaturatedFat: 9 grams
7. Sodium: 125 milligrams
8. Sugar: 46 grams

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