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Halloween Sticky Chocolate Cups

Yield: 6 min Total Time: 10 min

Recipe from: https://www.recipeschoose.com/recipes/cupcake-healthy-almond-butter-recipe-ideaswith-halloween-decoration

Ingredients:

- 9 ounces dark chocolate chips
- 1/2 cup almond butter sunflower seed butter for nut free!
- 2 tablespoons honey
- 1 teaspoon canela
- 1/2 teaspoon vanilla extract
- 1 pinch salt

Nutrition:

Calories: 390 calories
Carbohydrate: 36 grams
Cholesterol: 5 milligrams

4. Fat: 26 grams5. Fiber: 4 grams6. Protein: 5 grams

7. SaturatedFat: 9 grams8. Sodium: 60 milligrams

9. Sugar: 25 grams

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