

Mexican Chocolate Ice Cream

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-mocha-ice-cream-recipe>

Ingredients:

- 2 cups heavy whipping cream
- 1 cup milk
- 1/4 cup cocoa powder
- 4 ounces semi sweet chocolate or bittersweet
- 1/2 cup sugar
- 2 teaspoons cinnamon
- 1 pinch salt
- 1 pinch cayenne
- 1 pinch espresso powder or instant coffee
- 6 egg yolks lightly beaten
- 1 teaspoon vanilla extract
- 2 tablespoons brandy optional

Nutrition:

1. Calories: 800 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 485 milligrams
4. Fat: 62 grams
5. Fiber: 4 grams
6. Protein: 12 grams
7. SaturatedFat: 36 grams
8. Sodium: 180 milligrams
9. Sugar: 45 grams

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