

# Simple Pasta Salad

Yield: 12 min  
Total Time: 27 min

Recipe from: <https://www.recipeschoose.com/recipes/pasta-salad-recipe-with-tomatoes-garlic-italian-seasoning>

## Ingredients:

- 16 ounces rotini pasta uncooked, any similar pasta will do
- 16 ounces italian salad dressing use a good quality dressing
- 2 cucumbers medium sized, chopped
- 3 tomatoes chopped
- 1 bunch green onions chopped
- 4 ounces shredded Parmesan cheese
- 1 tablespoon italian seasoning

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 5 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 9 grams
7. SaturatedFat: 3 grams
8. Sodium: 790 milligrams
9. Sugar: 6 grams

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