

Italian Sloppy Guiseppe's aka Joe's

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/crusty-italian-rolls-recipe>

Ingredients:

- 1 pound Italian turkey sausage or regular Italian sausage ground**
- 1/2 pound lean ground beef
- 1 sweet onion medium, chopped
- 2 cloves minced garlic
- 1 red bell pepper chopped
- 1 green bell pepper chopped
- 8 ounces fresh mushrooms sliced
- 28 ounces Tuttorosso Crushed Tomatoes
- 6 ounces tomato paste
- 1/2 teaspoon dried rosemary fine
- 6 ounces provolone cheese sliced**
- 1 cup baby spinach
- 6 whole wheat buns
- ground beef
- sausage
- tomato sauce Tuttorosso
- mushrooms
- 1/2 teaspoon sugar
- spinach cooked and seasoned garlic, for topting
- crusty Italian rolls Small
- mozzarella or pepper jack slices

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 145 milligrams
4. Fat: 33 grams

5. Fiber: 7 grams
6. Protein: 52 grams
7. SaturatedFat: 11 grams
8. Sodium: 2110 milligrams
9. Sugar: 17 grams

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