

Italian Mini Sub Sandwiches with Homemade Sub Sauce

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/crusty-italian-roll-recipe>

Ingredients:

- 1/4 pound prosciutto thinly sliced
- 1/4 pound sweet sopressata thinly sliced
- 1/4 pound capicola thinly sliced
- 1/4 pound cheese Land O Lakes® 4, Italian Blend
- 4 roasted red peppers from a jar, found in the Italian section of the grocery store
- baby arugula handful
- sauce Homemade sub
- 4 crusty Italian rolls small, split
- 2 teaspoons red wine vinegar
- 2 teaspoons Dijon mustard
- 2 teaspoons italian seasoning dried
- salt
- pepper
- 1/3 cup olive oil

Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 65 milligrams
4. Fat: 43 grams
5. Fiber: 4 grams
6. Protein: 24 grams
7. SaturatedFat: 14 grams
8. Sodium: 1620 milligrams
9. Sugar: 4 grams

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