

# Crunchy Asian Ramen Noodle Salad

Yield: 6 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/crunchy-chinese-noodle-salad-recipe>

## Ingredients:

- 6 ounces ramen noodles cumbled, any flavor - we won't use the seasoning package
- 1/2 cup almonds sliced
- 16 ounces coleslaw mix \*see notes
- 8 ounces edamame shelled and thawed
- 1 bunch scallions green onions, sliced thinly, about 5 - 6 scallions
- 15 ounces mandarin oranges drained
- 1 tablespoon sesame seeds
- 1 avocado . pitted, peeled and sliced, optional
- 1 teaspoon ginger minced
- 1 teaspoon sesame oil
- 1/4 cup rice vinegar
- 1/4 cup soy sauce
- 2 tablespoons honey
- 1/2 cup oil olive oil, vegetable oil or avocado oil

## Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 48 grams
3. Fat: 38 grams
4. Fiber: 10 grams
5. Protein: 13 grams
6. SaturatedFat: 6 grams
7. Sodium: 1200 milligrams
8. Sugar: 16 grams

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