

# Slow Cooker Spanish Rice

Yield: 10 min  
Total Time: 185 min

Recipe from: <https://www.recipeschoose.com/recipes/crockpot-mexican-rice-recipe>

## Ingredients:

- 1 cup long-grain rice uncooked
- 1 cup water
- 1/2 cup chopped onion
- 1/2 cup chopped green bell pepper
- 2 cloves garlic minced or grated
- 1 teaspoon chili powder
- 1 teaspoon ground cumin
- 1/2 teaspoon salt
- 14 1/2 ounces diced tomatoes undrained

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 18 grams
3. Fiber: 1 grams
4. Protein: 2 grams
5. Sodium: 125 milligrams
6. Sugar: 2 grams

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