

Crock Pot Taco Casserole

Yield: 4 min
Total Time: 480 min

Recipe from: <https://www.recipeschoose.com/recipes/crockpot-mexican-hamburger-casserole-recipe>

Ingredients:

- 1 1/2 pounds hamburger browned
- 2 cans tomatoes Ro-Tel, and peppers
- 10 3/4 ounces cream onion soup
- 1 package taco seasoning mix
- 1/4 cup water
- 6 tortillas cut into 1/2 inch strips
- 1/2 cup sour cream
- 1 cup cheddar cheese shredded

Nutrition:

1. Calories: 1060 calories
2. Carbohydrate: 68 grams
3. Cholesterol: 210 milligrams
4. Fat: 63 grams
5. Fiber: 6 grams
6. Protein: 52 grams
7. SaturatedFat: 31 grams
8. Sodium: 1580 milligrams
9. Sugar: 10 grams
10. TransFat: 1.5 grams

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