

# Slow Cooker Chicken Burrito Bowl

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/crockpot-mexican-chicken-bowl-recipe>

## Ingredients:

- 1 1/2 pounds boneless chicken breasts and thighs
- kosher salt
- freshly ground black pepper
- 1 can fire-roasted diced tomatoes
- 1 cup chicken stock
- 2 teaspoons chili powder
- 1 teaspoon salt
- 1 teaspoon cumin
- 1 can black beans rinsed and drained
- 1 cup frozen corn
- 1 cup minute rice
- 1 dash hot sauce
- shredded cheddar cheese

## Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 115 milligrams
4. Fat: 8 grams
5. Fiber: 9 grams
6. Protein: 48 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 1520 milligrams
9. Sugar: 2 grams

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