

Slow-Cooker Lemon Garlic Chicken

Yield: 3 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/crockpot-chicken-recipes>

Ingredients:

- 3 garlic cloves minced
- 1 tablespoon olive oil
- 1 teaspoon salt
- 2 sprigs thyme leaves stripped and minced
- 2 lemons quartered
- 1 head garlic cloves separated, but left in their skins
- 2 chicken bouillon cubes or 1 teaspoon bouillon paste, divided, optional for richer flavor
- 2 sprigs thyme
- 2 tablespoons soy sauce
- 1/4 cup chicken broth
- 2 sprigs rosemary
- 1/4 cup all purpose flour

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 34 grams
3. Fat: 6 grams
4. Fiber: 5 grams
5. Protein: 6 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 2000 milligrams
8. Sugar: 1 grams

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