RecipesCh@~se

Hokkien Mee

Yield: 4 min Total Time: 15 min

Recipe from: https://www.recipeschoose.com/recipes/crispy-pork-belly-chinese-broccoli-recipe

Ingredients:

- 1 pound mee package cooked Hokkien, or Udon noodles
- 3 tablespoons dark soy sauce
- 1 tablespoon soy sauce light, regular
- 1 tablespoon oyster sauce
- 1 1/2 tablespoons palm sugar or brown sugar
- 2 teaspoons cornstarch
- 1 cup water
- 1 tablespoon cooking oil choice
- 5 ounces pork belly thinly sliced
- 6 cloves garlic minced
- 8 ounces chicken breast or boneless thighs, halved then sliced very thinly
- 8 ounces prawns or shrimps, peeled and deveined
- 8 stalks gai lan Chinese broccoli or broccoli rabe, thick bottom stalk cut-off with leaves and thin stalks sliced to about 2 inches, 5...
- 2 cups napa cabbage or Chinese, chopped
- 2 limes sliced, for serving

Nutrition:

- 1. Calories: 380 calories
- 2. Carbohydrate: 15 grams
- 3. Cholesterol: 120 milligrams
- 4. Fat: 25 grams
- 5. Fiber: 2 grams
- 6. Protein: 26 grams
- 7. SaturatedFat: 8 grams
- 8. Sodium: 1140 milligrams
- 9. Sugar: 5 grams

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