

Spinach Dip Stuffed Crescent Roll Christmas Tree

Yield: 8 min
Total Time: 23 min

Recipe from: <https://www.recipeschoose.com/recipes/crescent-spinach-christmas-tree-recipe>

Ingredients:

- 1 tablespoon butter
- 1/3 cup red bell pepper diced
- 1 clove garlic minced
- 1 cup fresh spinach chopped
- 4 ounces cream cheese
- 1/4 cup Sour Cream
- 1/2 cup Parmesan cheese grated
- 1/4 teaspoon crushed red pepper flakes
- 1/4 teaspoon salt
- 1 package crescent rolls

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 25 milligrams
4. Fat: 9 grams
5. Protein: 3 grams
6. SaturatedFat: 5 grams
7. Sodium: 240 milligrams
8. Sugar: 1 grams

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