

# Creamy Swedish meatballs

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/creamy-swedish-meatballs-recipe>

## Ingredients:

- 1 onion finely chopped
- 1 pound minced pork or lamb
- 1 egg yolk
- 3 sprigs dill finely chopped
- 1 tablespoon vegetable oil
- 4 tablespoons soured cream

## Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 135 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 26 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 70 milligrams
9. Sugar: 2 grams

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