

# Creamy Mushroom Gnocchi

Yield: 2 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-creamy-mushroom-pasta-recipe>

## Ingredients:

- 1 pound gnocchi whole wheat
- 1 tablespoon olive oil
- 1/2 onion chopped
- 1 garlic clove minced
- 2 cups mushrooms chopped
- 1/3 cup white wine
- 1 cup light cream or heavy
- 1/4 cup Parmesan cheese freshly shaved, + more for topping
- fresh parsley for garnish, optional
- pepper
- salt

## Nutrition:

1. Calories: 790 calories
2. Carbohydrate: 101 grams
3. Cholesterol: 90 milligrams
4. Fat: 33 grams
5. Fiber: 4 grams
6. Protein: 19 grams
7. SaturatedFat: 17 grams
8. Sodium: 1440 milligrams
9. Sugar: 4 grams

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