

Creamy Mexican Corn Dip (Elotes Dip)

Yield: 6 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/creamy-mexican-corn-dip-recipe>

Ingredients:

- 2 tablespoons melted butter EACH:, cooled AND lime juice
- 1/2 cup mayonnaise
- 1 teaspoon garlic powder
- 1/2 teaspoon salt EACH:, AND ancho chili powder, cayenne works, but use less
- 1 pound corn roasted, defrosted/drained, regular corn kernels work too!
- 1/4 cup chopped cilantro
- 1 jalapeno pepper minced
- 1 cup Cotija cheese crumbled

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 55 milligrams
4. Fat: 21 grams
5. Fiber: 2 grams
6. Protein: 15 grams
7. SaturatedFat: 10 grams
8. Sodium: 830 milligrams
9. Sugar: 4 grams

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