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Chipotle Chicken Quesadillas

Yield: 6 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/creamy-mexican-chipotle-chicken-recipe

Ingredients:

- 3 tablespoons olive oil
- 1 red onion large, chopped, about 1-1/2 cups
- 4 garlic cloves minced
- 1/3 cup chipotle peppers in adobo sauce minced, you'll need about 6 chilis
- 4 vine ripened tomatoes about 1-1/4 pounds, seeded and diced
- 3 scallions thinly sliced
- 2 tablespoons honey
- 2 1/2 cups chicken cooked shredded, white and/or dark meat
- 1 teaspoon salt
- 1/2 cup chopped cilantro
- 6 flour tortillas 10-inch diameter
- 4 cups shredded sharp cheddar cheese
- sour cream for serving, optional
- lime wedges for serving, optional

Nutrition:

Calories: 720 calories
Carbohydrate: 42 grams
Cholesterol: 140 milligrams

4. Fat: 42 grams5. Fiber: 4 grams6. Protein: 43 grams7. Saturated Fat: 20 grams

7. SaturatedFat: 20 grams8. Sodium: 3980 milligrams

9. Sugar: 12 grams

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