

# Homemade Creamy Lemon Dressing

Yield: 10 min  
Total Time: 130 min

Recipe from: <https://www.recipeschoose.com/recipes/creamy-lemon-dressing-recipes>

## Ingredients:

- 1/2 cup fresh lemon juice
- 1 tablespoon lemon zest
- 3 cloves garlic minced
- 2 teaspoons honey
- 2 teaspoons Dijon mustard
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper
- 1/2 cup olive oil
- 1/2 cup sour cream you can use lite or plain greek yogurt as a substitute.

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 5 milligrams
4. Fat: 13 grams
5. SaturatedFat: 3 grams
6. Sodium: 70 milligrams
7. Sugar: 2 grams

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