

Oven Ribs

Yield: 6 min

Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/crazy-russian-hacker-carbonated-soda-recipe>

Ingredients:

- 2 tablespoons vegetable oil
- 3 pounds pork spareribs
- 1 cup ketchup
- 12 fluid ounces cola flavored carbonated beverage
- 1/2 teaspoon ground ginger

Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 180 milligrams
4. Fat: 57 grams
5. Protein: 35 grams
6. SaturatedFat: 18 grams
7. Sodium: 630 milligrams
8. Sugar: 9 grams

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